Pet Ownership SAVES $11.7 BILLION in health care costs.

Pet Owners are Healthier

**Fewer Visits to the Doctors Office**

132.8 MILLION pet owners visit a doctor 0.6 times less than the average non-pet owner, resulting in cost savings of $11.37 BILLION.

**Reduced Obesity**

20+ MILLION dog owners who walk their dog five or more times a week show a lower incidence of obesity, resulting in savings of $418 MILLION.

"This analysis is limited and conservative. As we begin to calculate and assign costs to, other health benefits, the savings to the healthcare system associated with pet ownership is likely to be even greater."

— Terry L. Clower
PhD, George Mason University

**SCIENTIFIC RESEARCH**

has shown a number of key health benefits associated with pet ownership including studies demonstrating a positive impact on infection control, cardiovascular disease, hypertension, cholesterol, allergies, stress, blood pressure and mental health.

"Insurance companies should provide wellness incentives for people who own pets as a way to keep costs down and encourage people to stay healthy."

— Steven Feldman
Executive Director
Human-Animal Bond Research Initiative (HABRI) Foundation

The full report can be found on the HABRI website [www.habri.org](http://www.habri.org)