MY HEALTH IS IMPORTANT TO ME. THAT’S WHY I CHOOSE CAT.

Scientific research shows that CAT may

- Reduce risk of heart attack
- Relieve depression
- Speed up heart attack recovery
- Lower blood pressure
- Lessen risk of allergies and eczema in children
- Reduce stress levels

ASK YOUR VETERINARIAN ABOUT CAT

CAT Facts

WARNINGS
Side effects may include:
- CAT on your computer when you need to work
- Issues packing because CAT is in your suitcase
- Trouble peeing because CAT is staring at you
- You may spend all day posting pictures of CAT on social media
- You may feel a strange sensation that you don’t own CAT and that CAT actually owns you

DIRECTIONS:
- Adults and Children: take 1 CAT daily
- If symptoms persist, increase dosage
- When using CAT
  - Come up with nicknames like Cat Benatar
  - Lay on the floor for increased effect

ThePetEffect.org/the-science
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DISCOVER A MORE HEALTHFUL LIFE. DISCOVER DOG.

Scientific research shows that DOG can help:

- Reduce stress levels
- Lower blood pressure
- Relieve depression
- Strengthen the immune system
- Lower cholesterol and triglyceride levels
- Slow heart rate

**DOG Facts**

**WARNINGS**

Side effects may include:
- Picking up poop
- Being jealous of DOG kissing other people
- Having full on discussions with DOG
- Chewed up shoes
- Chasing after squirrels with DOG
- Feeling guilty if you don’t tell DOG you love them before you leave the house
- Excessive social media posts

**DIRECTIONS:**

- If you don’t have a pulse
- If you have a problem with love and affection

**When using DOG**

- Stock up on toys and treats
- Speak in silly pet voices